

# Homework11 答案

December 2, 2020

1. 定义径向动量算符  $p_r = \frac{1}{2}(\vec{e}_r \cdot \vec{p} + \vec{p} \cdot \vec{e}_r)$ , 证明:

(1)  $p_r$  是厄米的

$$(2) p_r = -i\hbar(\frac{\partial}{\partial r} + \frac{1}{r})$$

$$(3) [r, p_r] = i\hbar$$

$$(4) p_r^2 = -\hbar^2 \frac{1}{r} \frac{\partial^2}{\partial r^2} r = -\hbar^2 \frac{1}{r^2} \frac{\partial}{\partial r} r^2 \frac{\partial}{\partial r}$$

证明: (1)

因为  $(ABC)^\dagger = C^\dagger B^\dagger A^\dagger$   
所以

$$\begin{aligned} p_r^\dagger &= \frac{1}{2}(\frac{1}{r}\vec{r} \cdot \vec{p} + \vec{p} \cdot \vec{r}\frac{1}{r})^\dagger \\ &= \frac{1}{2}(\vec{p}^\dagger \cdot \vec{r}^\dagger (\frac{1}{r})^\dagger + (\frac{1}{r})^+ \vec{r}^\dagger \vec{p}^\dagger) \\ &= \frac{1}{2}(\vec{p} \cdot \vec{r}\frac{1}{r} + \frac{1}{r}\vec{r} \cdot \vec{p}) \\ &= p_r \end{aligned}$$

故  $p_r$  是厄米的.

(2)

$$\begin{aligned} p_r \psi &= \frac{1}{2}(\frac{\vec{r}}{r} \cdot \vec{p} + \vec{p} \cdot \frac{\vec{r}}{r})\psi \\ &= \frac{1}{2}(\frac{\vec{r}}{r} \cdot \vec{p}\psi + \vec{p} \cdot (\frac{\vec{r}}{r}\psi)) \\ &= -\frac{i\hbar}{2}(2\frac{\vec{r}}{r} \cdot \nabla\psi + \psi\nabla \cdot \frac{\vec{r}}{r}) \\ &= -\frac{i\hbar}{2}\{2\frac{\vec{r}}{r} \cdot \nabla\psi + \psi[(\nabla\frac{1}{r}) \cdot \vec{r} + \frac{1}{r}\nabla \cdot \vec{r}]\} \\ &= -\frac{i\hbar}{2}\{2\frac{\vec{r}}{r} \cdot \nabla\psi + \psi[\frac{-\vec{r}}{r^3} \cdot \vec{r} + \frac{3}{r}]\} \\ &= -i\hbar(\frac{\partial}{\partial r} + \frac{1}{r})\psi \end{aligned} \tag{1}$$

故  $p_r = -i\hbar(\frac{\partial}{\partial r} + \frac{1}{r})$ .

(3)

$$[r, p_r]\psi = -i\hbar[r, \frac{\partial}{\partial r} + \frac{1}{r}]\psi$$

$$\begin{aligned}
&= -i\hbar[r(\frac{\partial}{\partial r} + \frac{1}{r}) - (\frac{\partial}{\partial r} + \frac{1}{r})r]\psi \\
&= -i\hbar[r\frac{\partial\psi}{\partial r} - \frac{\partial}{\partial r}(r\psi)] \\
&= i\hbar\psi
\end{aligned} \tag{2}$$

故  $[r, p_r] = i\hbar$ .  
(4)

$$\begin{aligned}
p_r^2\psi &= -\hbar^2[(\frac{\partial}{\partial r} + \frac{1}{r})(\frac{\partial}{\partial r} + \frac{1}{r})]\psi \\
&= -\hbar^2[\frac{\partial^2}{\partial r^2} + \frac{\partial}{\partial r}\frac{1}{r} + \frac{1}{r}\frac{\partial}{\partial r} + \frac{1}{r^2}]\psi \\
&= -\hbar^2[\frac{\partial^2\psi}{\partial r^2} + (-\frac{1}{r^2}\psi) + \frac{2}{r}\frac{\partial\psi}{\partial r} + \frac{\psi}{r^2}] \\
&= -\hbar^2[\frac{\partial^2}{\partial r^2} + \frac{2}{r}\frac{\partial}{\partial r}]\psi
\end{aligned} \tag{3}$$

$$\begin{aligned}
-\hbar^2\frac{1}{r}\frac{\partial^2}{\partial r^2}(r\psi) &= -\hbar^2\frac{1}{r}\frac{\partial}{\partial r}\frac{\partial}{\partial r}(r\psi) \\
&= -\hbar^2\frac{1}{r}\frac{\partial}{\partial r}(\psi + r\frac{\partial\psi}{\partial r}) \\
&= -\hbar^2\frac{1}{r}(2\frac{\partial\psi}{\partial r} + r\frac{\partial^2\psi}{\partial r^2}) \\
&= -\hbar^2[\frac{\partial^2}{\partial r^2} + \frac{2}{r}\frac{\partial}{\partial r}]\psi
\end{aligned} \tag{4}$$

$$\begin{aligned}
-\hbar^2\frac{1}{r^2}\frac{\partial}{\partial r}r^2\frac{\partial}{\partial r}\psi &= -\hbar^2\frac{1}{r^2}\frac{\partial}{\partial r}(r^2\frac{\partial\psi}{\partial r}) \\
&= -\hbar^2\frac{1}{r^2}(2r\frac{\partial\psi}{\partial r} + r^2\frac{\partial^2\psi}{\partial r^2}) \\
&= -\hbar^2[\frac{\partial^2}{\partial r^2} + \frac{2}{r}\frac{\partial}{\partial r}]\psi
\end{aligned} \tag{5}$$

故  $p_r^2 = -\hbar^2\frac{1}{r}\frac{\partial^2}{\partial r^2}r = -\hbar^2\frac{1}{r^2}\frac{\partial}{\partial r}r^2\frac{\partial}{\partial r}$ .

2. 根据中心力场问题的径向波函数  $\chi$  本征方程, 利用 Hellmann 定理证明:  $l$  越大, 能量  $E$  越大。

证明:  $\chi(r)$  满足径向方程

$$(-\frac{\hbar^2}{2\mu}\frac{d^2}{dr^2} + V(r) + \frac{l(l+1)\hbar^2}{2\mu r^2})\chi(r) = E\chi(r) \tag{6}$$

其  $H$  相当于

$$H = -\frac{\hbar^2}{2\mu}\frac{d^2}{dr^2} + V(r) + \frac{l(l+1)\hbar^2}{2\mu r^2} \tag{7}$$

将 $l$ 视为参数，根据Hellmann定理有

$$\frac{\partial E}{\partial l} = \langle \frac{\partial H}{\partial l} \rangle = (2l+1) \frac{\hbar^2}{2\mu} \langle \frac{1}{r^2} \rangle > 0 \quad (8)$$

因此，能量E随 $l$ 的增大而增大。

3. 粒子在对数形式中心力场 $V(r) = -V_0 \ln(r/r_0)$ ,  $V_0 < 0$ 中运动。利用Hellmann和维里定理证明：

(a) 各束缚本征态的动能期望值相同； (b) 能级间距不随粒子质量变。

解： (a) 由维里定理得

$$\begin{aligned} 2\langle T \rangle_n &= \langle \vec{r} \cdot \nabla V \rangle_n \\ &= -V_0 \langle \vec{r} \cdot \left( \frac{\vec{r}}{r^2} \right) \rangle_n \\ &= -V_0 \end{aligned} \quad (9)$$

即各束缚态动能期望值相同。

(b) 由于 $\langle T \rangle_n = \langle \frac{p^2}{2m} \rangle_n$ , 由Hellman定理

$$\begin{aligned} \langle \frac{\partial H}{\partial m} \rangle_n &= -\frac{1}{m} \langle \frac{p^2}{2m} \rangle_n = \frac{\partial E_n}{\partial m} = \frac{V_0}{2m} \\ E_n &= \frac{V_0}{2} \ln(m/m_0) + e_n \end{aligned} \quad (10)$$

其中 $e_n$ 是和 $m$ 无关的量,  $m_0$ 是一个质量量纲的常数。当 $m = m_0$ 时, 能级完全由 $e_n$ 决定。表明质量的变化只移动能级一个常数。因此能级间隔 $\Delta E = \Delta e$ 和 $m$ 无关。

一个相反的例子是氢原子的能级。根据维里定理,  $T_n = -E_n$ . 再根据Hellmann定理.

$$\frac{\partial E_n}{\partial m} = \frac{E_n}{m} \quad (11)$$

积分之后,  $\ln(E_n/E_0) = \ln(m/m_0)$ . 推出 $E_n = E_0 m / m_0$  说明 $E_n$ 正比与 $m$ .

4. 计算基态氢原子的 $\Delta x$ ,  $\Delta p_x$ , 验证测不准关系。

解： 氢原子基态波函数为 $\psi(r) = \frac{1}{\sqrt{\pi a^3}} e^{-r/a}$ , 利用基态波函数我们可以解得

$$\langle x \rangle = \int d^3 \vec{r} \psi^* x \psi = 0 \quad (12)$$

$$\langle p_x \rangle = \int d^3 \vec{r} \psi^* (-i\hbar \frac{\partial}{\partial x}) \psi = 0 \quad (13)$$

$$\begin{aligned} \langle x^2 \rangle &= \int d^3 \vec{r} \psi^* x^2 \psi \\ &= \frac{1}{\pi a^3} \int \int \int e^{-2r/a} x^2 r^2 \sin\theta d\theta d\phi dr \\ &= \frac{1}{\pi a^3} \int_0^\infty e^{-2r/a} r^4 dr \int_0^\pi \sin^3 \theta d\theta \int_0^{2\pi} \cos^2 \phi d\phi \\ &= a^2 \end{aligned} \quad (14)$$

$$\begin{aligned}
\langle p_x^2 \rangle &= -\frac{\hbar^2}{\pi a^3} \int \int \int e^{-r/a} \left( \frac{\partial^2}{\partial x^2} e^{-r/a} \right) r^2 \sin \theta d\theta d\phi dr \\
&= \frac{\hbar^2}{\pi a^4} \int \int \int e^{-2r/a} \left[ \frac{1}{r} - \left( \frac{1}{r} + \frac{1}{a} \right) \left( \frac{x}{r} \right)^2 \right] r^2 \sin \theta d\theta d\phi dr \\
&= \frac{\hbar^2}{\pi a^4} \int \int \int e^{-2r/a} \left[ \frac{1}{r} - \left( \frac{1}{r} + \frac{1}{a} \right) \sin^2 \theta \cos^2 \phi \right] r^2 \sin \theta d\theta d\phi dr \\
&= \frac{\hbar^2}{\pi a^4} [4\pi \int_0^\infty e^{-2r/a} dr - \int_0^\infty e^{-2r/a} (r + \frac{r^2}{a}) dr \int_0^\pi \sin^3 \theta d\theta \int_0^{2\pi} \cos^2 \phi d\phi] \\
&= \frac{\hbar^2}{3a^2}
\end{aligned} \tag{15}$$

另外，我们也可以通过计算动能的平均值，来计算 $\langle p_x^2 \rangle$ 。由维里定理

$$\langle T \rangle = -\frac{1}{2} \langle V \rangle \tag{16}$$

代入氢原子基态能量

$$-\frac{e^2}{2a} = \langle T \rangle + \langle V \rangle = -\langle T \rangle \tag{17}$$

得 $\langle T \rangle = e^2/2a$ ,因此

$$\langle p^2 \rangle = 2m\langle T \rangle = \frac{\hbar^2}{a^2} \tag{18}$$

考慮到对称性

$$\langle p_x^2 \rangle = \langle p_y^2 \rangle = \langle p_z^2 \rangle \tag{19}$$

我们得到

$$\langle p_x^2 \rangle = \frac{\hbar^2}{3a^2} \tag{20}$$

利用对称性，我们也可以通过计算 $\langle r^2 \rangle$ 得到 $\langle x^2 \rangle = \frac{1}{3}\langle r^2 \rangle$ 。由以上计算结果，可得

$$\Delta x = \sqrt{\langle x^2 \rangle - \langle x \rangle^2} = a \tag{21}$$

$$\Delta p_x = \sqrt{\langle p_x^2 \rangle - \langle p_x \rangle^2} = \frac{\hbar}{\sqrt{3}a} \tag{22}$$

$$\Delta x \Delta p_x = \frac{\hbar}{\sqrt{3}} \geq \frac{\hbar}{2} \tag{23}$$

5. (1) 一个粒子在半径为R的刚球内自由运动（无限深球势阱）。请计算s态能级和波函数，球壁受的压力为多大？（压力可根据粒子对球壁作功等于能量变化来计算）； (2) 如果粒子在半径 $R_1$ 到 $R_2$ 球壳内自由运动，请计算s波能级和波函数。

解：(1) 刚球势为

$$V(r) = \begin{cases} 0, & r < R \\ \infty, & r \geq R \end{cases} \quad (24)$$

s波为  $l=0$  的最低能量态，波函数为  $\psi(r, \theta, \phi) = R(r)Y_{00} = \frac{1}{\sqrt{4\pi}}R(r)$ .  
令  $R(r) = u(r)/r$ ,  $u(r)$  在球内  $r < R$  满足方程

$$\frac{d^2u(r)}{dr^2} + k^2u(r) = 0, \quad (k = \sqrt{2mE/\hbar^2}, E > 0) \quad (25)$$

其解为

$$u(r) = A\sin kr + B\cos kr \quad (26)$$

因为  $r \rightarrow 0$ ,  $\psi = \frac{1}{\sqrt{4\pi}}u(r)/r \rightarrow C$ ,  $C$  为常数。那么

$$\lim_{r \rightarrow 0} u(r) = 0 \quad (27)$$

即  $B=0$ . 又因为  $r \geq R$ ,  $u(r) = 0$ . 波函数在  $r = R$  处连续, 因此

$$kR = n\pi \rightarrow k = \frac{n\pi}{R}, n = 1, 2, 3 \dots \quad (28)$$

则

$$E_n = \frac{n^2\pi^2\hbar^2}{2mR^2} \quad (29)$$

$$\psi = \frac{1}{\sqrt{4\pi}r}A\sin\frac{n\pi}{R}r \quad (30)$$

进行归一化,

$$\frac{1}{4\pi}|A|^2 \int \frac{1}{r^2} \sin^2 \frac{n\pi r}{R} r^2 \sin\theta dr d\theta d\phi = 1 \rightarrow A = \sqrt{\frac{2}{R}} \quad (31)$$

故s波波函数和能级为

$$\psi_{100} = \begin{cases} \frac{1}{r\sqrt{2\pi}R} \sin \frac{\pi r}{R}, & r < R \\ 0, & r \geq R \end{cases} \quad (32)$$

$$E_1 = \frac{\pi^2\hbar^2}{2mR^2} \quad (33)$$

设粒子对球壁的平均作用力为  $\langle F \rangle$ 。假定球壁的半径在此力的作用下增大了  $\Delta R$ , 则粒子对外做功  $\langle F \rangle \Delta R$ , 它等于粒子能量的减小  $-(dE/dR)\Delta R$ , 故有  $\langle F \rangle = -\frac{dE}{dR}$ 。将基态能量  $E = \frac{\pi^2\hbar^2}{2mR^2}$  代入上式, 得平均作用力  $\langle F \rangle$

$$\langle F \rangle = -\frac{dE}{dR} = \frac{n^2\pi^2\hbar^2}{mR^3} \quad (34)$$

(2) 如果粒子在半径 $R_1$ 到 $R_2$ 球壳内自由运动, 则刚球势变为

$$V(r) = \begin{cases} 0, & R_1 < r < R_2 \\ \infty, & r \leq R_1, r \geq R_2 \end{cases}$$

对于 $r \leq R_1, r \geq R_2$ ,  $u(r) = 0$ . 根据式(25), 再结合连续性边界条件 $u(R_1) = 0, u(R_2) = 0$ , 有

$$A\sin(kR_1) + B\cos(kR_1) = 0 \quad A\sin(kR_2) + B\cos(kR_2) = 0 \quad (35)$$

解得

$$k = \frac{n\pi}{R_2 - R_1} \quad (36)$$

$$E_n = \frac{n^2\pi^2\hbar^2}{2m(R_1 - R_2)^2} \quad n = 1, 2, 3, \dots \quad (37)$$

$$\psi = \frac{1}{\sqrt{4\pi r}} A\sin\left(\frac{n\pi}{R_2 - R_1}(r - R_1)\right) \quad (38)$$

归一化可得 $A = \sqrt{\frac{2}{R_2 - R_1}}$ . 则,

$$\psi = \begin{cases} \frac{1}{\sqrt{2\pi(R_2 - R_1)}} \sin\left(\frac{n\pi}{R_2 - R_1}(r - R_1)\right) & R_1 < r < R_2 \\ 0, & \text{others} \end{cases} \quad (39)$$

所以s波波函数和能级为

$$\psi_{100} = \begin{cases} \frac{1}{r\sqrt{2\pi(R_2 - R_1)}} \sin\frac{\pi(r - R_1)}{R_2 - R_1}, & R_1 < r < R_2 \\ 0, & \text{others} \end{cases} \quad (40)$$

$$E_1 = \frac{\pi^2\hbar^2}{2m(R_2 - R_1)^2} \quad (41)$$

6 参见讲义