

角动量理论

1. 旋转与角动量对易关系

绕同一轴旋转对易 绕不同轴旋转不对易

一个矢量 $\vec{V} = \begin{pmatrix} V_x \\ V_y \\ V_z \end{pmatrix}$ 旋转为 $\begin{pmatrix} V'_x \\ V'_y \\ V'_z \end{pmatrix} = R \begin{pmatrix} V_x \\ V_y \\ V_z \end{pmatrix}$

证明: $|V|^2 = \vec{V}^T V = \vec{V}'^T R^T R \vec{V}$, 当 $R^T R = 1$ 时, $|\vec{V}'| = |\vec{V}|$

考虑 $R_z(\phi)$ 绕 z 轴逆时针转 ϕ .

$$R_z(\phi) = \begin{pmatrix} \cos\phi & -\sin\phi & 0 \\ \sin\phi & \cos\phi & 0 \\ 0 & 0 & 1 \end{pmatrix} \quad (\text{逆时针转})$$

无穷小

$$R_z(\epsilon) = \begin{pmatrix} 1 - \frac{\epsilon^2}{2} & -\epsilon & 0 \\ \epsilon & 1 - \frac{\epsilon^2}{2} & 0 \\ 0 & 0 & 1 \end{pmatrix} \quad \text{忽略 } \epsilon^3 \text{ 以上, } O(\epsilon^2)$$

另外一种约定: 把坐标轴顺时针转 ϕ , 与上面等价.
此为“被动”旋转

类似: $R_x(\varepsilon) = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 - \frac{\varepsilon^2}{2} & -\varepsilon \\ 0 & \varepsilon & 1 - \frac{\varepsilon^2}{2} \end{pmatrix}$

可由 $X \rightarrow Y \rightarrow Z \rightarrow X$
 的轮换关系得到

$$R_y(\varepsilon) = \begin{pmatrix} 1 - \frac{\varepsilon^2}{2} & 0 & \varepsilon \\ 0 & 1 & 0 \\ -\varepsilon & 0 & 1 - \frac{\varepsilon^2}{2} \end{pmatrix}$$

考虑: 绕 Y 转后再绕 X 转

$$R_x(\varepsilon) R_y(\varepsilon) = \begin{pmatrix} 1 - \frac{\varepsilon^2}{2} & 0 & \varepsilon \\ \varepsilon^2 & 1 - \frac{\varepsilon^2}{2} & -\varepsilon \\ -\varepsilon & \varepsilon & 1 - \varepsilon^2 \end{pmatrix}$$

5 绕 X 转后再绕 Y 转

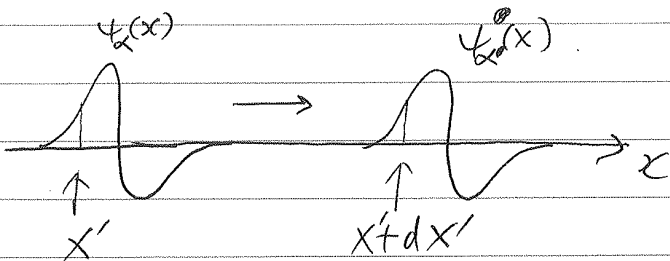
$$R_y(\varepsilon) R_x(\varepsilon) = \begin{pmatrix} 1 - \frac{\varepsilon^2}{2} & \varepsilon^2 & \varepsilon \\ 0 & 1 - \frac{\varepsilon^2}{2} & -\varepsilon \\ -\varepsilon & \varepsilon & 1 - \varepsilon^2 \end{pmatrix}$$

$$[R_x(\varepsilon), R_y(\varepsilon)] = \begin{pmatrix} 0 & -\varepsilon^2 & 0 \\ \varepsilon^2 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} = R_z(\varepsilon^2) - \textcircled{1}$$

\downarrow
 $R_{any}(0)$

量子力学中的无穷小转动

- 先考虑空间平移：把波函数向右移动 dx



$$\begin{aligned} \psi_\alpha(x') &= \langle x' | \alpha \rangle \\ &= \langle x'+dx' | \alpha' \rangle = \psi_{\alpha'}(x'+dx') \end{aligned}$$

$$|\alpha\rangle \xrightarrow{T(dx')} |\alpha'\rangle = T(dx') |\alpha\rangle = T(dx') \int dx' |x'\rangle \langle x' | \alpha \rangle$$

$$= \int dx' |x'+dx'\rangle \langle x' | \alpha \rangle$$

以 $x'+dx'$ 为 x'' , 那么, $x' = x'' - dx'$

$$|\alpha'\rangle = \int dx' |x'\rangle \langle x' - dx' | \alpha \rangle$$

也就是 $\psi_\alpha(x' - dx') = \psi_{\alpha'}(x')$

$$\boxed{T(dx') |x'\rangle = |x'+dx'\rangle}$$

- 由于 $\langle \alpha | \alpha \rangle = 1$, 平移后也要 $\langle \alpha' | \alpha' \rangle = 1$.

$$\text{而 } \langle \alpha' | \alpha' \rangle = \langle \alpha | T^\dagger T | \alpha \rangle$$

$$\therefore T^\dagger T = 1 \quad \longrightarrow \text{平移算符是幺正的.}$$

- 两次相继操作.

$$T(dx'') T(dx') = T(dx'+dx'') \longrightarrow \text{乘法}$$

- 逆操作.

$$T(-dx') = T^{-1}(dx') \longrightarrow \text{反向操作 = 逆}$$

(回到到 $T(dx')$ 之前)

- 单位操作 $\lim_{dx' \rightarrow 0} T(dx') = 1$

以上是“群” group. ③

假设无穷小变换可以写为

$$T(dx') = 1 - i \vec{k} \cdot d\vec{x}'$$

厄密算符. $\vec{k} = (k_x, k_y, k_z)$

那么以上4条都可以满足.

$$\textcircled{1} \quad T^\dagger T = (1 + i \vec{k}^\dagger \cdot dx') (1 - i \vec{k} \cdot dx') = 1 - i (\vec{k} - \vec{k}^\dagger) \cdot dx' + O(dx'^2)$$

由于 $\vec{k}^\dagger = \vec{k}$, $\therefore T^\dagger T \approx 1$.

$$\textcircled{2} \quad T(dx'') T(dx') = (1 - i \vec{k} \cdot dx'') (1 - i \vec{k} \cdot dx') \\ = 1 - i \vec{k} \cdot (dx'' + dx') = T(dx' + dx'')$$

$\textcircled{3}, \textcircled{4}$ 显然

接受此假设. 我们来推导基本对易式

$$\hat{x} T(dx') |x'\rangle = \hat{x} |x' + dx'\rangle = (x' + dx') |x' + dx'\rangle$$

$$T(dx') \hat{x} |x'\rangle = x' T(dx') |x'\rangle = x' |x' + dx'\rangle$$

因此: $[\hat{x}, T(dx')] |x'\rangle = dx' |x' + dx'\rangle \approx dx' |x'\rangle$

$|x'\rangle$ 任意 $\therefore [\hat{x}, T(dx')] = dx'$

代入 $T(dx') = 1 - i \vec{k} \cdot d\vec{x}'$

$$-i \hat{x} \vec{k} \cdot d\vec{x}' + i \vec{k} \cdot d\vec{x}' \hat{x} = d\vec{x}'$$

$$[\hat{x}_i, k_j] = i \delta_{ij}$$

考虑量纲, $\hat{k} = \hat{p}/\hbar$ (消去)

\hat{p} 是量子力学中的动量算符 $[\hat{x}_i, \hat{p}_j] = i \hbar \delta_{ij}$

对于有限平移, $\Delta x'$ 等于累次无穷小平移 dx' .

$$\begin{aligned} T(\Delta x') |x'\rangle &= |x'+\Delta x'\rangle \\ &= T\left(\frac{\Delta x'}{N} + \dots + \frac{\Delta x'}{N}\right) |x'\rangle \\ &= \lim_{N \rightarrow \infty} \left(1 - \frac{i\hat{P}x}{\hbar} \cdot \frac{\Delta x'}{N}\right)^N = e^{-\frac{i\hat{P}x}{\hbar} \Delta x'} \end{aligned}$$

\hat{p} 是平移操作的“生成元” generator.

$$\begin{aligned} \left(1 - \frac{i\hat{p}\Delta x'}{\hbar}\right) |\alpha\rangle &= \int dx' T(\Delta x') |x'\rangle \langle x'|\alpha\rangle \\ &= \int dx' |x'\rangle \langle x'-\Delta x'|\alpha\rangle \\ &= \int dx' |x'\rangle \left(\langle x'| - \Delta x' \frac{\partial}{\partial x'} \langle x'|\right) |\alpha\rangle \\ &= \int dx' |x'\rangle \left(\langle x'|\alpha\rangle - \Delta x' \frac{\partial}{\partial x'} \langle x'|\alpha\rangle\right) \end{aligned}$$

$$\text{取 } \langle x''| \cdot \left(1 - \frac{i\hat{p}\Delta x'}{\hbar}\right) |\alpha\rangle.$$

$$\langle x''| \left(1 - \frac{i\hat{p}\Delta x'}{\hbar}\right) |\alpha\rangle = -\Delta x' \frac{\partial}{\partial x''} \langle x''|\alpha\rangle$$

$$\left(-i \frac{\Delta x'}{\hbar}\right) \hat{p} \psi_\alpha(x'') = -\Delta x' \frac{\partial}{\partial x''} \psi_\alpha(x'')$$

↑ 坐标表象微分算符.

$$\hat{p} = -i\hbar \frac{\partial}{\partial x}$$